

Spring summer Menu

Nutritional analysis versus 2009 standards, % uptake choice dishes

Nutrient	Min or Max Value	Nutrition Standard 2009	Nutrition Actuals	Met?
Total Fat (g)	MAX	25.1	22.5	✓
Saturated Fat (g)	MAX	7.9	7.7	✓
Sodium (mg)	MAX	714	676.0	✓
Total Carbohydrate (g)	MIN	86.1	101.2	✓
NMES (g)	MAX	18.9	8.9	✓
Dietary Fibre (g)	MIN	5.2	5.9	✓
Protein (g)	MIN	13.3	28.7	✓
Iron (mg)	MIN	5.2	5.2	✓
Zinc (mg)	MIN	3.3	3.4	✓
Calcium (mg)	MIN	350	351.1	✓
Retinol (Vitamin A) (ug)	MIN	245	249.7	✓
Vitamin C (mg)	MIN	14.0	51.2	✓
Folate (ug)	MIN	70	116.5	✓
Energy (Kcal)	MIN	646	698.7	✓