MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kerala Chicken curry	Grilled Peppered Chilli Chicken & salsa	Roast Gammon	Spiced Jerk Chicken with white and brown rice	Freshly Battered Hoki
Sweet Potato & chick pea curry		Roasted Quorn fillet	Reggae Reggae	Hot Dog :Quorn hot dog
with braised turmeric rice	Roasted Vegetable Khobez flat bread	Gravy Sage & onion stuffing	Three Bean Chilli with white and brown rice	Chips
Mango chutney		Roasted new potatoes &	Garden peas	Curry sauce
Cucumber raita Garlic & coriander Naan	Mixed salad	rosemary	Red cabbage coleslaw salad	Mushy peas
bread	Warm new potato salad	Broccoli florets Roasted carrots	red cabbage colesiaw salad	Baked beans
	Walli liew potato salaa	nousiou currots		
Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings			
Baked beans Cheese	Baked beans Cheese	Baked beans Cheese	Baked beans Cheese	Baked beans Cheese
Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo
Apple & Cinnamon Crumble with Custard	Ice cream tub	Lemon Drizzle Cake with Lemon Sauce	Mango Cheesecake Pot	Pancakes with fruits of forest topping

A selection of potatoes and vegetables, salads, filled jacket potatoes, hot snacks, pizza, snack pots, dessert pots, fresh fruit, milk and cold drinks available daily **WEEK 1**



Cert.No.MEP-C-089

MONDAY Spiced Butter Chicken Leg with brown and white rice	TUESDAY Pork Sausages in Red Onion Gravy with a large Yorkshire Pudding	WEDNESDAY Roast Chicken with Stuffing & Gravy Roast Potatoes	THURSDAY Minced Beef Fajita with tomato salsa Mint & lime yoghurt dressing	FRIDAY Battered Hoki Quorn burger served on a
Cucumber Raita Garlic and coriander Naan	Creamy mashed potato Garden peas & carrots	Cabbage Glazed carrots	Mixed salad Roasted spicy half corn on cob	salad barm
Quorn & roasted Cherry Tomato Pasta Bake Served with garlic bread Coleslaw Mixed salad	Macaroni cheese Garlic bread Mixed salad	Quorn fillet with Stuffing & Gravy Roast Potatoes Cabbage Glazed carrots	Quorn Chilli con Carne with white and brown rice and a baked taco shell Mint & lime dressing Mixed salad Roasted spicy half corn on cob	Chips Curry sauce Mushy peas Baked beans
Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings	Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:
Baked beans Tuna mayo Cheese	Baked beans Tuna mayo Cheese	Baked beans Tuna mayo Cheese	Baked beans Tuna mayo Cheese	Baked beans Tuna mayo Cheese
Fresh Treacle Sponge with Vanilla Ice Cream	Frozen Yoghurt with Fresh Fruit Topping	Strawberry Eton Mess Pot	Chocolate sponge with peppermint custard	Sweet Belgian waffle with Chunky banana topping

A selection of potatoes and vegetables, salads, filled jacket potatoes, hot snacks, pizza, snack pots, dessert pots, fresh fruit, milk and cold drinks available daily

WEEK 2



Cert.No.MEP-C-089

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Korma Curry with braised rice	BBQ Pulled Pork & Coleslaw in a Bun	Roast Turkey	Slow braised Chinese pork served with noodles	Battered Hoki
Garlic & coriander Naan	Baked half jacket potato Roasted spicy half corn on	Roast Quorn fillet		Phat Pasty Sausage roll
bread	cob			
Green salad with pickled cucumber	Coleslaw			
Ratatouille,bean & cheese	Vegetarian chimichangas,	Gravy	Quorn piri piri	Chips
Quesadillas	sweet chilli sauce Baked half jacket potato	Sage & onion stuffing New potatoes with parsley	Served with noodles	Curry sauce Mushy peas
Green beans & courgettes Mixed salad	Mixed salad coleslaw	Sweetcorn Glazed carrots		Baked beans
Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:	Jacket Potatoes with a selection of fillings:
Baked beans	Baked beans	Baked beans	Baked beans	Baked beans
Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo
Cheese	Cheese	Cheese	Cheese	Cheese
Butterscotch Meringue Crunch	Strawberry Trifle Pot	Chocolate Cake with Chocolate Custard	Chocolate pot	Vanilla or Strawberry Ice Cream

A selection of potatoes and vegetables, salads, filled jacket potatoes, hot snacks, pizza, snack pots, dessert pots, fresh fruit, milk and cold drinks available daily

WEEK 3



Cert.No.MEP-C-089