

PSHE/SMSC/RSE Curriculum - 2020

Personal, Social and Economic Education – Spiritual, Moral, Social and Cultural Development

This Curriculum was made in conjunction with the statutory guidance published by the DFE, key policy documents that have been used to inform this programme of study are:

- Relationships Education, Relationships and Sex Education and Sex Education (RSE) and Health Education.
- Promoting Fundamental British Values as Part of SMSC in Schools.
- The Prevent Duty.

This document sets out the topics that students will learn about at Oasis Media City to ensure they are given the requisite knowledge and skills to live healthy lives during and beyond their secondary school years in modern day Britain. Each week students will study these topics with their teachers in either a PSHE lesson or an assembly.

Topics are divided into the following four main areas of education:

Health and Wellbeing

Relationships & Sex Education

Living in the Wider World

Summary of topics:

Core Theme	<u>Description</u>
Health and Wellbeing	This theme is taught in HT1 and HT4 across all year groups. Topics include, first aid; drugs and alcohol; peer influence; mental health; puberty; emotional wellbeing; diet and exercise; impact of peers including county lines, criminal exploitation and modern day slavery, role models and the media on wellbeing.
Living in the wider world	This theme is taught in HT2 and HT6. Topics include, careers; teamwork; workplace skills; character traits; career pathways; setting goals; application process including CVs and personal statements; dealing with exam stress; financial decision making; digital literacy including online safety and gambling;
Relationships	This theme is taught in HT 3 and HT5 across all year groups. Topics include, diversity; challenging discrimination of protected characteristics; respectful relationships including sex education and the impact of media and pornography; Communication in relationships including contraception and sexual health; relationship challenges and abuse; building friendships; personal identity including gender identity, consent and sexual orientation; relationship and sex education; relationships in your family including neglect, missing from home.

Half		1	-	2	1	;	3		4	5		6	
1	Γerm:	PSHE/SMS		Living in t		Relationshi	p Education	Health and	d Wellbeing	Relationships		Living in the wider world	
		Health and Wellbeing		world								world	
7		PSHE Transition and safety	Assembly	PSHE Developin g skills and aspiration s	Assembly	PSHE Diversity	Assembly	PSHE Health and puberty	Assembly	PSHE Building relationsh ips	Assemb ly	PSHE Financial decision making	Assembl y
7	Topic	1:	1:	1: School	1:Bonfire	1: PSHE	1:New	1: PSHE	1: Fairtrade	1: PSHE	1:	1: Making	1: World
	S	Behaviour	Principal'	subjects at	Safety	Ground	Years	ground	Fortnight	Ground	Disabilit	safe	Environ
		and	S	Work.	2:	Rules.	Resolutions	rules.	2: Int	Rules.	У	financial	ment
		expectati	Welcome	2:	Remembr	2: Identity,	2: Taking	2: Making	Women's/	2:	Awaren	choices.	Day
		ons.	2:Media	Interests	ance	rights and	Responsibil	healthy	World	Selfworth.	ess	2: Ethical	2: EOY
		2: Moving	City Way	and	<i>3:</i>	responsibil	ity	choices.	Book Day	3: Positive	2:	businesse	Rewards
		around	3:Interna	Careers.	Student	ites.	3: Careers -	3: Physical	3: British	Relations	Careers	S	3:Exams
		the	tinal Day	3: Bias	Survey	3: Living in	Science	and	Science	hips.	- CAPA	3:	4:Refuge
		building.	of Peace	and	4: Careers	a diverse	4:	emotional	Week	4:	3: VE	Unethical	e Day
		3: Setting	4:	Careers.	- Maths	society.	Holocaust	changes	4: Student	Recognisi	Day	Businesse	5: Pride
		the	Recycle	4: Time	5: World	4: Being an		during	Survey	ng	4:	S	<i>6:</i>
		Ground	Week	Managem	Aids Day	active	Hub/Comm	puberty.	5: Careers -	unhealthy	Mental	4: Saving	Student
		Rules for	5:Black	ent	6: 9	Bystander.	unity	4:	Global	relationsh	Health	and	Leaders
		PSHE	History	5: Xello	Habits	5: Types of	6:	Personal	6: Awards	ips.	(Exams)	budgetin	hip
		4: Dealing	Month	questionn	7:Equality	Bullying	Valentines'	hygiene.		5:	5:	g.	<i>7:</i>
		with	6:World	aires.	&	6:		5:		Challengi	Manche	5:	Summer
		change	Mental	6: Saving	Diversity	Respondin		Recognise		ng media	ster	Gambling	Safety/E
		5: The	Health	chosen	8: Awards	g to		and		stereotyp	Remem	6: The	OY
		Bystander	Day &	careers.		bullying		respond		es.	bers	economy	awards
		effect	Homeless			and		to					

		6: Calling 999 7: Qualities of a Helper All first aid lessons	ness week. 7:Careers - English	(5 and 6 need laptops so can be done at any point during the half term).		supporting others.		unwanted contact. 6: Help and Support for FGM.		6: Introducti on to consent.			
		are included											
8	Topic	here.	Assembly	Communit	Assembly	Discrimina	Assembly	Emotional	Assembly	Identity	Assemb	Digital	Assembl
	s	Drugs	Assembly	y and	Assembly	tion	Assembly	wellbeing	Assembly	and	ly	Literacy	y
		and		careers						relationsh			
	Tonio	1:Media	1:	1:	1.Donfino	1: PSHE	1:New	1: PSHE	1: Fairtrade	<i>ips</i> 1: Positive	1:	1:	1: World
8	Topic				1:Bonfire						Disabilit		Environ
	(s):	City Way	Principal'	Exploring	Safety 2:	Ground Rules.	Years	ground	Fortnight 2: Int	Healthy relationsh		Developi	
		2:Introdu ction to	s Welcome	learning	2: Remembr	2:	Resolutions	rules. 2:	Women's/		y Awaren	ng healthy	ment
		PSHE/SM	2:Media	styles. 2: Time	ance	Different	2: Taking Responsibil	Attitudes	World	ips. 2:		habits RE:	Day 2: EOY
		SC &	City Way		3:	beliefs and	ity	towards	Book Day	z. Different	ess 2:	Social	Rewards
		Setting	3:Interna	managem ent skills.	Student	decisions.	3: Careers -	mental	3: British	types of	Careers	Media.	3:Exams
		the	tinal Day	3.	Survey	3: Gender	Science	health.	Science	relationsh	- CAPA	2:	4:Refuge
		ground	of Peace	Personalit	4: Careers	identity.	4:	3: Myths	Week	ips.	3: VE	Recognisi	e Day
		rules	4:	y styles.	- Maths	4: Active	Holocaust	and	4: Student	3:	Day	ng	5: Pride
		3:	Recycle	4: Skills.	5: World	Bystander	5:	stigmas.	Survey	Developin	4:	Groomin	6:
		Dangers	Week	5: Xello	Aids Day	– focus on	Hub/Comm	4:	5: Careers -	g healthy	Mental	g, how	Student
		of	5:Black	questionn	6: 9	transphobi	unity	Wellbeing	Global	relationsh	Health	and	Leaders
		Smoking.	History	aires.	Habits	a, biphobia	6:	and	6: Awards	ips.	(Exams)	where to	hip
		4: Alcohol	Month	6: Saving	7:Equality	and	Valentines'	managing		4:	5:	seek	7:
		**PSHE	6:World	chosen	&	homophob		emotions.		Consent,	Manche	support.	Summer
		associatio	Mental	careers.	Diversity	ia.				the law	ster		Safety/E

		n is releasing a new program me this summer so will update when that is released.	Health Day & Homeless ness week. 7:Careers - English	(5 and 6 need laptops so can be done at any point during the half term).	8: Awards	5: Active bystander – racism and religious discriminat ion.		5: Resilience. 6: Healthy and unhealthy coping strategies.		and relationsh ips. 5: Risks of Sexting. 6: Basics of contracep tion.	Remembers	3: Assessing media sources and news. 4: Sharing informati on safely online. 5: Financial security online. 6: Managin g risks RE Gambling	OY awards
		PSHE Peer influency, substance abuse and gangs	Assembly	Setting goals	Assembly	Respectful relationshi ps	Assembly	Healthy Lifestyle	Assembly	Intimate relationsh ips	Assemb ly	Employa bility skills	Assembl y
9	Topic (s):	1:Introdu ction to PSHE/SM SC & Setting the	1: Principal' s Welcome 2:Media City Way	1: Discover Learning Pathways.	1:Bonfire Safety 2: Remembr ance	1: PSHE ground rules. 2: Different	1:New Years Resolutions 2: Taking Responsibil ity	1: Physical and mental health.	1: Fairtrade Fortnight 2: Int Women's/ World Book Day	1: PSHE Ground rules. 2: Assessing readiness	1: Disabilit Y Awaren ess	1: Young people's employm ent rights.	1: World Environ ment Day 2: EOY Rewards

ground	3:Interna	2: Explore	3:	types of	3: Careers -	2: Time	3: British	for sexual	2:	Day	3:Exams
rules	tinal Day	Career	Student	family.	Science	Managem	Science	relationsh	Careers	Slavery	4:Refuge
2:	of Peace	Matches.	Survey	3: Positive	4:	ent.	Week	ips.	- CAPA	2:	e Day
Dangers	4:	3: School	4: Careers	family	Holocaust	3: Healthy	4: Student	3:	3: VE	Enterprisi	5: Pride
of	Recycle	subjects at	- Maths	relationshi	5:	eating.	Survey	Consent.	Day	ng and	<i>6:</i>
Smoking.	Week	work.	5: World	ps.	Hub/Comm	4: Body	5: Careers -	4: STIS	4:	employa	Student
3:	5:Black	4:	Aids Day	Recognisin	unity	image.	Global	and	Mental	bility.	Leaders
Alcohol.	History	Interests.	6: 9	g neglect.	6:	5: Cancer	6: Awards	negotiatin	Health	3:	hip
4:	Month	5: Xello	Habits	4: Conflict	Valentines'	6: Healthy		g safer	(Exams)	Managin	7:
Unhealthy	6:World	questionn	7:Equality	resolution.		body		sex in	5:	g your	Summer
Social	Mental	aires.	&	5:		choices.		relationsh	Manche	brand	Safety/E
Groups.	Health	6: Saving	Diversity	Homelessn				ips.	ster	online.	OY
5: Risks	Day &	chosen	8: Awards	ess.				5:	Remem	4:	awards
and	Homeless	careers.		Missing				Pregnanc	bers	Workplac	
conseque	ness	(5 and 6		from				у.		e skills.	
nces.	week.	need		Home				6: Risks		5:	
County	7:Careers	laptops so		6:				around		Managin	
Lines	- English	can be		Managing				sexting.		g	
6: Getting		done at		change.						feedback.	
out		any point								6:	
7:		during the								Accessing	
Modern		half term).								support	
Day										RE:	
Slavery										Online	
										Presence.	
PSHE	Assembly	Experienc	Assembly	Healthy	Assembly	Exploring	Assembly	Addressin	Assemb	Applying	Assembl
Mental		e and		Relationsh		influence		g	ly	for	У
Health		skills		ips				Extremis		college	
								m and			
								Radicalisa			
								tion			

1	Topic	1:Media	1:	1: Getting	1:Bonfire	1: PSHE	1:New	1: Positive	1: Fairtrade	1: PSHE	1:	Time for	1: World
0	(s):	City Way	Principal'	experienc	Safety	Ground	Years	and	Fortnight	Ground	Disabilit	College	Environ
		2:Introdu	s	e.	2:	Rules.	Resolutions	negative	2: Int	rules.	у	Applicati	ment
		ction to	Welcome	2: Study	Remembr	2:	2: Taking	role	Women's/	2:	Awaren	ons and	Day
		PSHE/SM	2:Media	Skills and	ance	Relationshi	Responsibil	models.	World	Communi	ess	personal	2: EOY
		SC &	City Way	Habits	<i>3:</i>	p Values.	ity	2: Gang	Book Day	ty,	2:	statemen	Rewards
		Setting	3:Interna	3. Self	Student	3: Sex,	3: Careers -	Culture.	3: British	respect	Careers	t writing.	3:Exams
		the	tinal Day	Advocacy.	Survey	gender	Science	3: Impact	Science	and	- CAPA		4:Refuge
		ground	of Peace	4: Work	4: Careers	and	4:	of Drugs	Week	belonging	3: VE		e Day
		rules	4:	Values.	- Maths	relationshi	Holocaust	and	4: Student	3:	Day		5: Pride
		3: New	Recycle	5. Defining	5: World	ps.	5:	Alcohol.	Survey	Equality	4:		6:
		Challenge	Week	Success	Aids Day	4:	Hub/Comm	4:	5: Careers -	Act,	Mental		Student
		S.	5:Black	5: Xello	6: 9	Managing	unity	Substance	Global	Diversity	Health		Leaders
		4:	History	questionn	Habits	Attitudes	6:	Abuse.	6: Awards	and	(Exams)		hip
		Reframing	Month	aires.	7:Equality	to	Valentines'	5: Peer		Values.	5:		7:
		Negative	6:World	6: Saving	&	Pornograp		Pressure.		4:	Manche		Summer
		Thinking.	Mental	chosen	Diversity	hy.		6: How to		Managing	ster		Safety/E
		5: When	Health	careers.	8: Awards	5: Consent.		seek help.		informati	Remem		OY
		to Seek	Day &	(5 and 6		6:				on from	bers		awards
		Help.	Homeless	need		Exploitatio				social			
		6:	ness	laptops so		n.				media.			
		Promotin	week.	can be						5: Safely			
		g	7:Careers	done at						challengin			
		emotional	- English	any point						g			
		Wellbeing		during the						discrimina			
				half term).						tion.			
										6:			
										Recognisi			
										ng and			
										respondin			
										g to			
										radicalisat			
										ion and			

									extremis m.		
	PSHE Applicatio n process	Assembly	Next steps and exam stress	Assembly	Communic ation in relationshi ps	Assembly	Independ ence.	Assembly	Next steps Revision technique s	Assemb ly	
1 (s): i	1: Careers in the locality. 2: Careers in the locality. 3: Xello questionn aires and career exploration. 4: Types of qualificati ons. 5: Local colleges. 6: Local courses.	1: Principal' s Welcome 2:Media City Way 3:Interna tinal Day of Peace 4: College Applicati ons. Recycle Week 5:Black History Month 6:World Mental Health Day & Homeless ness week.	1: Personal statement s. 2: My achievem ents. 3: Drafting PS. 4: Typing up PS. 5: Dealing with change. 6: Exam Stress.	1:Bonfire Safety 2: Remembr ance 3: Student Survey 4: Careers - Maths 5: World Aids Day 6: 9 Habits 7:Equality & Diversity 8: Awards	1: PSHE Ground Rules. 2: Values and emotions. 3: Gender Identity and Sexual orientation . 4: Communic ation in relationshi ps. 5: Navigating relationshi ps online. 6: Unhealthy relationshi ps and	1:New Years Resolutions 2: Taking Responsibil ity 3: Careers - Science 4: Holocaust 5: Hub/Comm unity 6: Valentines'	1: Managing risk safely. 2: First Aid Skills. 3: First Aid skills. 4: Lifestyle and Cancer. 5: Vaccinatio ns. 6: Accessing health services.	1: Fairtrade Fortnight 2: Int Women's/ World Book Day 3: British Science Week 4: Student Survey 5: Careers - Global 6: Awards	1: Revision Techniqu es and strategies . 2: Maximisin g employab ility. 3: Workers rights while working part time. 4: Managing work/life balance.	1: Disabilit y Awaren ess 2: Careers - CAPA 3: VE Day 4: Mental Health (Exams) 5: Manche ster Remem bers	

	7:Careers		find				
	- English		support.				