

Date: 21<sup>st</sup> December 2020



Dear Parent or Carer

## A confirmed case of COVID-19 in our School

I'm sorry to inform you that a member of our school community has tested positive for Covid-19. The school is working closely with Salford's Public Health Team to reduce the risk of infection for all children and staff.

**We have identified that your child has been in close contact with the affected person.** In line with the national guidance we recommend that your child now stay at home and self-isolates until Sunday 27<sup>th</sup> December 2020.

Isolation means the person cannot go outside of the house (unless in your garden), other family members (outside your household) cannot visit and your child cannot see friends. If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities. If they become unwell with symptoms please arrange a test. However, please remember that even if your child's test result is negative, they must still isolate for the full 10 days.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period. This is because they are NOT contacts of the positive case. They are **contacts of contacts** of the case. Contacts of contacts do not need to self-isolate unless someone in their household develops symptoms or they come into contact with another case.

Even though your child is identified as a contact, please try not to worry. For most people COVID-19 is a mild illness. Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Further information is included in the attached leaflet

Although COVID-19 is circulating in the community, usual childhood illnesses are too; and it is important that these are not missed. Please contact your GP or NHS111 if you are worried; or call 999 if seriously unwell.



Principal - Marie Dillon

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For more information about the Academy, please follow this QR link

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You are now able to book a COVID-19 test for your child/ren who attend our school if they feel unwell with 'non-classical' COVID-19 symptoms. While we know a lot of people are more likely to catch winter viruses at this time of year, in Salford we still want to rule out the possibility of COVID-19 and encourage primary and secondary age pupils to get tested.

Non-classical symptoms include:

- Vomiting/nausea/off your food
- Diarrhoea
- Sleeping more than usual/extreme tiredness
- Listless/restless/agitated
- Shortness of breath
- Feeling cold
- Headache
- Severe body aches
- Sore throat
- Congested or runny nose
- Skin rash
- Complaining of anything that is not feeling themselves

To book a test please visit [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) and, when prompted, click the box "My local council has asked me to get a test, even though I do not have symptoms"

**Please note: Even if your child tests negative they must still isolate for 10 days as they have been identified as a contact, symptoms may develop at any time during the isolation period.**

If you have any questions or concerns please refer to the government website, or you can contact The Spirit of Salford Helpline on 0800 952 1000

Best wishes

Marie Dillon  
Oasis Mediacityuk



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## **Information sheet**

If you think that someone else in your household has come in contact with a confirmed case or you need help or advice about self-isolation, please call the Spirit of Salford helpline on **0800 952 1000**.

### **Public Health Advice on symptoms**

If anyone in your household becomes unwell with one of the symptoms of Coronavirus (COVID-19) to book a test by ringing **119** or go to <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

**Symptoms of coronavirus (COVID-19) are recent onset of any of the following:**

A new continuous cough.

A high temperature (fever)

A loss of, or change in, your normal sense of taste or smell (anosmia)

**Any one of the above symptoms gives reason for high level of suspicion for COVID-19.**

Information about COVID-19 symptoms and management of the virus can be found here, [www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards



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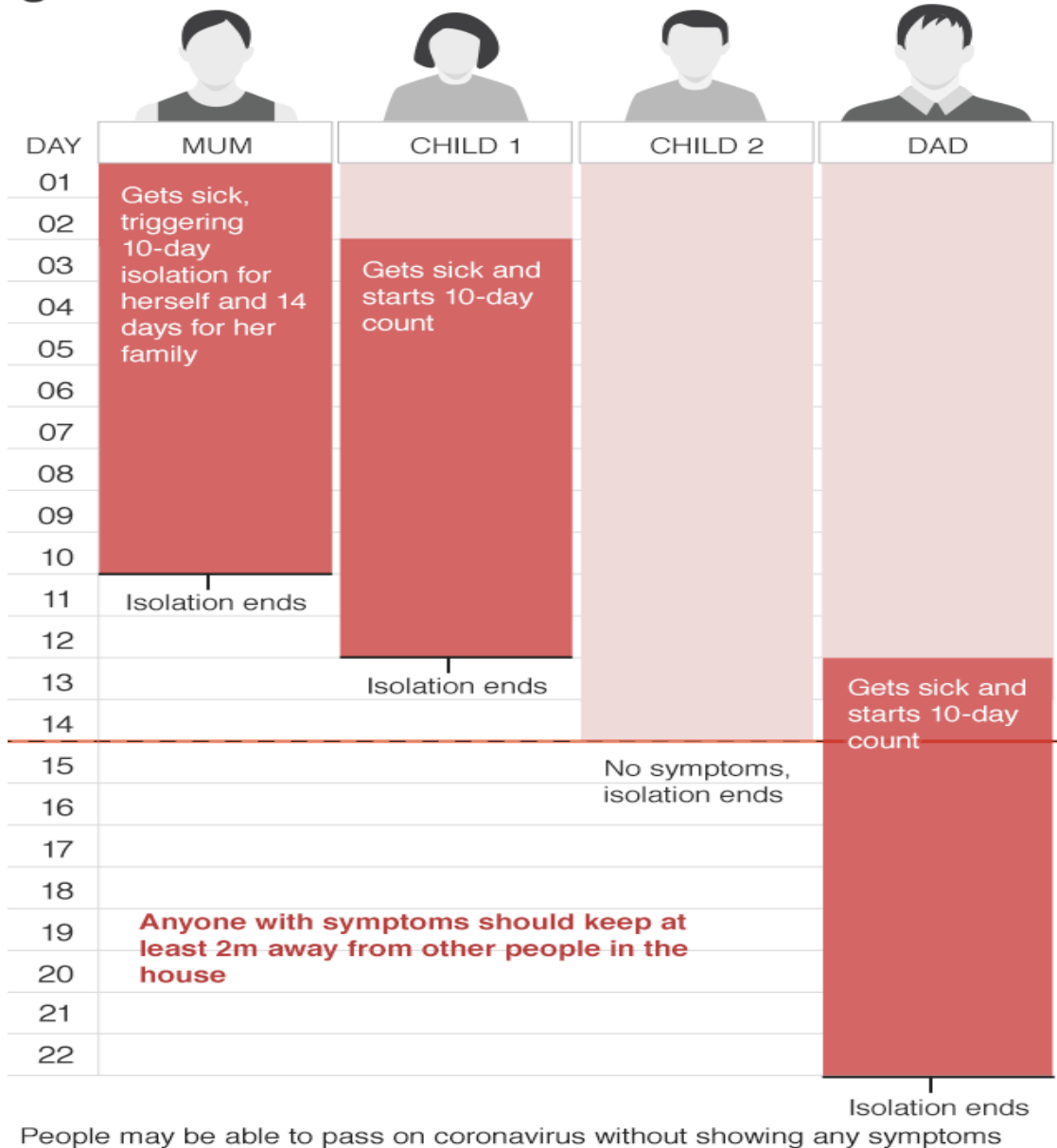
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## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

## What happens if someone in your family gets sick?



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